

The Role of Spiritual Alchemy

Alchemy is one of the main theoretical branches in Western Magick. The others are Astrology, Tarot and Kabbalah. There are also several branches in alchemical study. This site's focus is on its spiritual use. We will not focus on alchemy as a precursor of chemistry, or on its extensive allegorical literature.

Magical Notions will look at the core component of spiritual alchemy: the Basic Elemental Exercises, and how to use them in developing a fuller spiritual practice that will indeed make living magical. By learning and using each, you'll clearly identify the components of your own make-up and know how to transform those components to achieve alignment with your individual goals.

Those goals can be: enhancing self-esteem, discovering one's true passion, escaping from a rut, igniting a purpose, protecting one's home or loved ones, or just coming into sync with one's environment. While the latter sounds simple, its practice can span a lifetime – just ask a Buddhist monk.

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